



Dr Zhen Hou

**Dr Zhen Hou** Qualifications: BMed, FRACS

Dr Zhen Hou is a Consultant General Surgeon with a special interest in Colorectal Surgery, and Complex Hernia Surgery.

She completed her General Surgical Training in the Hunter New England Surgical Network, and was awarded her General Surgical Fellowship in 2016.

She subsequently underwent two further years of Colorectal subspecialty post-fellowship training at Gosford, and Royal North Shore Hospitals, with a special interest in laparoscopic colorectal surgery.

She is a member of GESA, with accreditation in upper and lower endoscopy. Dr Hou has also undergone further post-fellowship experience in the area of complex hernia surgery, and currently works part time with Professor Nabeel Ibrahim at Macquarie University Hospital.

Dr Hou has a keen interest in teaching, and is involved in the training and teaching of surgical trainees, junior doctors, and medical students at Gosford and Wyong hospitals.

She is a member of the Australian and New Zealand Surgical Skills Education and Training (ASSET) faculty, and regularly participates in formal teaching of surgical candidates.

Dr Hou has a permanent appointment at Wyong Public Hospital and also works at Gosford Public Hospital and is an accredited Consultant Surgeon at Gosford Private Hospital. Her specialty areas include:-

- General surgical with a special interest in colorectal
- Hernia repair
- Colonoscopy

To arrange a referral please contact Central Coast Colorectal. Suite 2.12 Platinum Building, 4 Ilya Avenue, Erina 2250.  
T: 43676444 E :reception@centralcoastcolorectal.com.au

Tuggerah Lakes  
Private Hospital

Cnr Pacific Hwy & Craigie Ave, Kanwal 2259  
T: 02 4310 9100 [tuggerahlakesprivate.com.au](http://tuggerahlakesprivate.com.au)